

THE EDM MAP

An 8 week journey through key values for followers of Jesus

Phase 1: Building Trust and Friendship

Week 1: Sharing Life Stories

- Take time with the person you are discipling to hear their life story and share yours.
 - “What was your family life like growing up?”
 - “When did your faith really become your own?”
 - “Tell me about significant encounters & moments that have marked your walk with God?”
 - “What is God doing in your life now, and how do you want to grow in this season?”
- The goal of this week is to build trust, friendship, and identify places of pain or themes to pray into as you believe for this person to find greater freedom and maturity.

Phase 2: Encounter

Because one of the main goals of discipleship to pass it on we recommend you use the discipleship template of **celebration, accountability, learning it, and living it** [or “look up, look in, look out”] every week. What you discuss will change week to week, but the more simple and reproducible the process, the easier it will be for us to receive and share. Access this discipleship template [here](#). One way to frame this may be, in your first meeting in the “encounter” section, saying something like:

“My goal at the end of these seven weeks is that you feel confident walking through this process with someone else. One of the biggest barriers for a lot of people (for me too when I started!) in making a disciple is not knowing what to do or say when you meet together. So let’s use a really simple process together every week that will remove the stress, and make it easy for you to do this with someone else.”

Week 2: Spending Time with Jesus

- DBS: John 15:1-9
- Talk about it: What are the key components of daily time with God?
 - There is beautiful variety in how different personalities spend time with God
 - AND a proven, helpful framework for us historically has been Word, Worship, Prayer
- Practice it: Spend time with God together one day this week

Week 3: Hearing the Voice of God

- DBS: John 10:1-9; John 16:12-15
- Talk about it: How do you know if it’s just you, or if it is God?
- Practice it: Every day in your time with God, ask “Lord, what do you think about me today?” Write down what you hear. Text each other for accountability.

Phase 3: Disciple

Week 4: Discipleship and the Call to Obedience

- DBS: John 14:15-31, Matthew 28:18-20
- Talk about it: What are the biggest barriers to obedience to the Word in my life?
- Practice it: Wait on God for one thing you know in the Word that you have not obeyed (or are not actively obeying). How can you do it this week, and hold each other accountable?

Week 5: The Baptism of the Holy Spirit

- DBS: Acts 1:1-8, 2:1-13; Acts 19:1-10
- Talk about it: Why was the filling of the Holy Spirit necessary for the disciples to walk as they were called?
- Practice it: Pray for one another to be filled with the power of the Holy Spirit.

Week 6: Conforming to the Character of Jesus (Healing from Past Wounds)

- DBS: Romans 12:1-5
- Talk about it: What are patterns in my life that suggest I have conformed to the pattern of the world?

- *Practice it: Write down any regular “habits or hang-ups” in your life that represent a worldly pattern. Ask God one that He wants you to find breakthrough/healing in this season. Come back next week with a Biblical step you can take to find freedom.*

Phase 4: Mission

Week 7: Praying for the Lost (Intentional intercession)

- *DBS: Luke 22:31-34*
- *Talk about it: Why does the Bible call us to pray?*
- *Practice it: Take time (30 minutes or more) to pray together for lost or struggling people that you know.*

Week 8: Sharing Your Testimony and the Gospel

- *DBS: Acts 1:6-8*
- *Talk about it: Who is in my “relationship circle” that doesn’t have a relationship with Jesus? How could I initiate a spiritual conversation with them?*
- *Practice it: Write out and practice 15-second testimonies and the [three circles](#) Gospel presentation.*

Addendum: Extra Topics

Discipleship is helping another person become a lifelong, obedient follower of Jesus, who can help others do the same. Discipleship is a relationship and relationships are not a formula. Since every person’s background and needs are different, discipleship involves praying regularly and identifying pain points or needs for one another. Many of those will fall outside of the seven lessons outlined above. Here are a few core lessons/principles that often come up in the process of helping someone develop into a mature disciple of Jesus:

- *The Father heart of God*
- *Power evangelism*
- *Dealing with unforgiveness and offense*
- *Walking in sexual purity*
- *The character of a Jesus follower (Romans 12)*
- *Humility and brokenness*
- *Decision-making as a Jesus follower*
- *Surrendering rights*
- *Generosity and Biblical finances*

What’s Next?

With the basic building blocks outlined above, you’ve got a great foundation to work off of. One way to help identify next steps is creating “Roles and Goals” sheet. This will help them identify what the Lord is calling you to in this season, including places of growth or unresolved pain that need healing. Avoid the stress and anxiety of feeling like discipleship (a relationship) has to look the same all the time, *and* utilize the opportunity to learn from what has helped others in the past. Your House Church leader can help you with these next steps!

Fill out a Roles and Goals sheet specifically for this season. Share this with the people in discipleship with you and map out a plan together of how to pursue those goals (reading a book of the Bible, spiritual formation book, or committing to some spiritual disciplines together). You can find out more information on Roles and Goals below:

Roles and Goals template link: <https://drive.google.com/file/d/1ZQdliAXZ3FYjIABHlLJc0VvYH4A5uX-/view>

Podcast on Roles and goals:

<https://podcasts.apple.com/gb/podcast/a-summer-reset-could-change-your-life-part-1/id1448604303?i=1000564392020>